Through the cross-cultural experience, the summer programme has increased students’ understanding and awareness of other cultures and helped them develop an appreciation of other viewpoints. In this two-week tour, students were exposed to a variety of different experiences and activities that helped them build confidence and develop as a whole. Students engaged in interactive English lessons with instructors at TRU, learnt about the First Nations of Canada through making native artwork, and challenged themselves in adventures like rock climbing, horseback riding and kayaking. They also spent quality time with the local families to promote intercultural exchange and to apply the English language in real life situations.