



Bishop Hall Jubilee School

# Pursuing Happiness



**Positive Minds** 

2015-2016 F.3 Fashion Show models

**Positive Lives** 

**Positive Vibes** 

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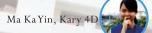


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### **Editor's Letter**

Serena Tsue 4C Chairperson, School Magazine Society

Tt's been quite a while since our last issue! From Ithis academic year onwards, Scope will only be published once a year to allow more time for our reporters and editors to write better and more interesting stories that happen on and around our campus. Rest assured though - reduced quantity is to make room for higher quality!

This edition will bring you through a peculiar journey of PURSUING HAPPINESS, in which you will be impressed by the gamut of funny little things around us that can ignite happiness.

Our unique theme is accompanied by new column names, which will better structure your reading journey. "What on Earth Is Happeing" will first tell you how Hong Kong and other Asian countries fare in the domain of happiness. You will then revisit the major school events that brought us joy and happiness throughout the year in the column of "Something Big". Happiness is easily 'triggered' with the company of amazing people around us, and you can be reminded of how

your school year got more exciting with the new teachers of BHJS this year as well as our exchange student in the column of "Say Hi". Next up are the stories of two BHJS alumni who will tell you how their school lives years ago crafted their happy lives today in the column of "Old Friends". Magnificent works of our schoolmates will be exhibited in the section of "Masterpieces". Being Netizens in the 21st century, we should not confine ourselves to our cramped city. To keep you abreast of the latest trends beyond our comfort zone, we have feature articles about three international issues in "Say Cheese" to unpack the idea of happiness to people in other parts of the world. "Mission Accomplished" will then bring you the latest achievements of our fellow schoolmates. On the second last page we will show you the news of our PTA and Student Union.

We hope this issue would amaze you as usual. Happy reading!

Chief Editor: Kelly Yung 4D Reporter: Winnie Cheung 4C

# Is happinen out of our reach?

In 2016, a World Happiness Report was published by the United Nations Sustainable Development Solution Network. Guess what - on a scale measuring happiness which runs from 0 to 10, the average score of 156 countries surveyed was only **5.4.** Variables deemed responsible for one's level of happiness range from real GDP per capita, healthy life expectancy, having someone to count on, freedom from corruption, to generosity.

So what about **Hong Kong**? The index ranked Hong Kong **75**<sup>th</sup> among all the countries assessed and **12**<sup>th</sup> in Asia with a score of 5.458.



### WHAT ON EARTH IS HAPPENING

### Does wealth necessarily translate to happiness?

Apparently not. Many countries with high GDP per capita cannot keep their people happy. This is not something really surprising - just consider the case of Hong Kong! Our worsening social atmosphere, escalating conflicts and impaired interpersonal bonds have been identified as culprits for the happiness deficit we are facing today. When everything seems politicized, and even the most trivial matters can breed controversies, contradictions, contention and confusion, a happy life looks like something very distant from us.

### : Japan GDP per capita:10.5 Mongolia Overall Rank:53 TOP 5: Taiwan Japan Happiness 6.379 GDP per capita:10.5 Overall Rank:35 Hong Kong Taiwan TOP 7: Malaysia Happiness 6.005 GDP per capita:10.1 Overall Rank:47 Malaysia

gapore

### Happiness as a subjective interpretation

As a multi-cultural metropolis, Hong Kong does have the potential for turning itself into a city of happiness. As a matter of fact, happiness can and actually most often arise from minor and unimportant happenings. What Gretchen Rubin wrote in his book *The Happiness Project* is probably right:

"It's about living in the moment and appreciating the **smallest things**. Surrounding yourself with the things that inspire you and letting go of the obsessions that want to take over your mind."

Regardless of how circumstances unfold, what dictates whether we are happy is not so much the objective environment or external happenings, but rather our subjective interpretation of these events. While failure in exams can be devastating to some, it is less daunting if we see it as a reason for us to work really hard. This, indeed, is the precise reason why some can remain happy and hopeful even after repeated failures, whereas others keep grumbling about their 'unfortunate environment' and drag themselves into cycles of hysteria. Jubileans - 'happiness' is actually a floating signifier, a term used in semiotics referring to ideas without fixed definitions. Whether we are happy, after all, is a matter of choice. We can be happy if we choose to be.

Editor: Daniel Chan 4B

Junior Editor: Sonia Wong 4B

Reporter: Valerie Ho 3E

The Athletics Meet provides a platform for athletes to show off their talent for sports, but the work of House Captains quite often remains foreign to many. In this issue, *Scope* will tell you what they think about their roles and what their duties are as House Captains.



House Captain: 5D Chiu Valentina

# Blue House

#### Q1: How do you feel about being a House Captain?

A: To exert a positive influence on my house members, I have to watch my behaviour at all times. What follows is the immense responsibility I feel on my shoulders when I keep reminding myself of the far-reaching implications of my acting and decisions.

### Q2: How do you find your house?.

We have a wealth of young talent in sports and beyond, and this is something I take a great deal of pride in. The splendid results we achieved in the Inter-House Speech Competition and Debate Competition showcased how all-round our house members are. They are also proactive and cheerful. Take the Athletics Meet as an example. Everyone, including Mr. Tang, our Teacher Advisor, kept cheering for our house and our athletes. That sense of solidarity was just invincible.



# Green House

House Captains: 5B Shum Tim Cheung 5C Tam Wing Ki

### Q1: Why did you want to be a House Captain?

A: Being in the Green House in the past four years extended a strong feeling of warmth to me, driving me to think of a way to contribute to my house in return. I was with the belief that this role would refine my leadership skills and broaden my social circle to Jubileans in different forms.

### Q2: What are the difficulties of being a House Captain?

A: Most of our members were too shy to join the Athletics Meet, making it a tough job to recruit talents to represent our house. Their reluctance sometimes aroused a sense of helplessness which overwhelmed me for some time. One remedy we tried was to give them more choices and have them opt for activities they're adept at playing.

#### Q3: Is there anybody whom you'd like to thank?

A: I think we're indebted to Mr. Kiu, our Teacher Advisor, as well as our curent and previous committee members for their advice which brought us success this year!





# Red House

#### Q1: How do you make your house a 'team'?

A: We always emphasize the importance of unity. We encourage our members to support our house in all competitions. In addition, we engaged our members by designing slogans and banners for cheering.

### Q2: What are the major duties as a House Captain?

A: Every academic year, there are about 10 activities organized for the four houses. The most important ones are the Athletics Meet and the Talent Show. As a new scoring system for overall championship is applied this year, every activity counts. We therefore bear the responsibility of recruiting members to represent our house in each of these activities. Another thing we had to do was to prepare the materials for each event. Being a House Captain isn't really that easy.





House Captain: 5E Ma Hiu Laam



House Captain: 5D Ho Wing



## White **HOUSE**

### Q1: How did you feel when you knew you had been chosen to be the House Captain?

A: Well we felt honored. We love White House, so we want to contribute to the betterment of the house. When we had learnt the news, we just hoped that we wouldn't ruin anything and leave any regrets to ourselves while leading the house in the following year.

#### Q2: Is there anything you want to tell your house members?

A: If there's something that determines our destiny, it must be attitude. This is something that supports us through failure, something that compels us to live up to our responsibility, and something that generates satisfaction irrespective of circumstances. With the right attitude instilled and solidarity fostered, we will then be in a position to strive for our best as a team and excel beyond our limits.



Editor: Yinok Hui 3E Junior E

Junior Editor: Sonia Wong 4B

# Visit to the Homeless



22<sup>nd</sup> December 2015



Dear diary,

These two days, 27 of us visited the street sleepers in Sham Shui Po. This was a mind-boggling journey which got me to reflect on how happiness should be defined.

I admit that prior to this trip, I thought empathy and care are essential expressions when we visit these less lucky members of our society. They are pitiful for the apparent fact that without families, money and relationships, they are often considered losers in this ruthless society.

Surprisingly, I was wrong.

We spent a total of three hours listening to these street sleepers' stories, which shattered many urban myths we had been taught. In the first place, most of them aren't jobless and solitary. Quite the contrary, many of them work during the day and have established, sophisticated social networks among themselves.

Most incredible was the discovery that many of their 'homes' were very well-equipped with stoves, shelves, radios, bicycles or even musical instruments like pianos (of course these were not purchased, but were abandoned items that the street sleepers collected somewhere)!

So all the assumptions just don't apply - they have families, are self-sufficient (somehow), and are supported by an intricate web of relationships. They are mentally strong and seldom grumble. While there are many reasons why they resorted to sleeping on the streets, what an old lady told me is still vivid in my mind:

'I lost my leg in an accident years ago, and I just couldn't impose a lifelong burden on my sister. Well yeah, I haven't contacted her since then, and I still don't want to get in touch with her as I'm just too heavy a burden for her.'

Living on streets is never an easy choice to make, but for different reasons, they choose to bear the pain and not to challenge the status quo. Yet, a second realization that stunned me was the happy faces worn by most of them. The homeless may not have everything they want, but they cherish even the tiniest bits' they have. The smiles on their faces just reminded me that appreciating simplicity is actually the prerequisite for living a blissful life.



To assess the worth of this visit, two identical questionnaires were administered before and after the trip. The results bear out how the activity managed to reshape participants' values.

# The homeless deserve our pity. (Pre-visit) The homeless deserve our pity. (Post-visit) 2 38% 1 62%

\* 5 = Totally agree: 1 = Totally disagree

### 4D Tiffany Lee

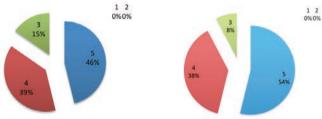
"Poor, lunatic, living in distress" are common labels attached to the homeless. However, this trip taught us they actually also work, socialize, and treasure their lives. The only difference between us is only the location of our 'homes'. While we may extend a helping hand to them, we should not think that they are socially inferior to us and thus need our prty. While communicating with them, we should remember they, just like our friends, are on a par with us. They should not be left out as the 'insignificant others' in the society.

#### 4D Amber Fong

This visit informed me about the living environment and interpersonal relationships of a minority group in society. I began to think about what roles we students can play to safeguard their interests. Without this chance to witness everything in person, my heart would not have been touched and I would not have been so motivated to reflect upon the responsibility I need to assume for the social minority.

#### This visit motivated me to care about others.

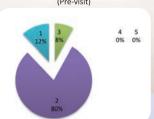
#### I had a lot of reflections on this visit.



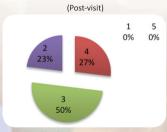
\* 5 = Totally agree; 1 = Totally disagree

### I understand the policies against

### the homeless. (Pre-visit)



### I understand the policies against the homeless.



\* 5 = Totally agree; 1 = Totally disagree

### 4D Sindy Chan

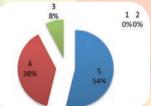


It is a must for me to join this kind of activities again. It is such a special experience for me to explore neglected corners of this city and broaden my horizons by communicating with individuals across the social spectrum.

#### 4A Kobe Au

The Hong Kong government adopted a strong stance against the homeless and drove them away from their shelters by whatever means, like filling the tunnel where street sleepers gathered with water. The thing is that the homeless would just move to another tunnel after the eviction! This simply doesn't alleviate the problem a bit.

### I'm interested in joining the same kind of activities again.



\* 5 = Totally agree; 1 = Totally disagree

The encouraging feedback of participants urged the school to organize community work of this kind. In April, another service was arranged to bring us to to Fanling where we distributed free bread and vegetables to those in need. Please don't hesitate but join us in activities of this sort to touch lives and fill all parts of our city with love and happiness!

Editor: Daniel Chan 4B Reporter: Raincy Li 4B

Junior Editor: Kary Yeung 4B

# contented mind is a perpetual feast

In hopes of exposing our schoolmates to the wider world, the shool organized an experiential tour to Qingyuan during the Easter holidays for Jubileans in Forms 4 and 5.

During their Easter getaway, participants were brought to local schools as well as a nursing home. They got a rare glimpse of another irrelevant to the making of happiness for the people in Qingyuan. Their smiles, the participants realized, were always worn

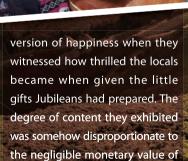
even amid hardship and poverty. To them, even a tiny gift could

> ignite happiness, regardless of its worth. They chose to focus on what they possess and what they are given, rather than what they lack and

what they want. The adoption of this very simple mentality is perhaps the recipe for happiness.

To understand more about this different mindset, participants tried to dig deeper into what happiness is in their eyes. Guess what they find most precious? A





This illustrated one thing brand names and material wealth, which may be the ingredients of happiness for many, are somehow

these gifts.





feast? An Xbox? Or a trip to Japan? Well, pretty obvious that none of these is the answer. The thing these impoverished but cheerful children treasure most is the chance of being educated and attended to by the community. While learning and exchanging thoughts in

lessons are perhaps the last things we want, they suffice to make those cute little kids in Qingyuan realize how lucky they are. And of course, staying healthy and having friends and family members around, they say, are also among the greatest things to have in their lives.



How, then, did the trip impact on the lives of participants? The most revolutionary change is probably the way they redefine happiness. Deplorable conditions in Qingyuan did not extinguish the hopes and optimism of these seemingly pitiable children. They instead developed the readiness for accepting and relishing even the slightest additions to their lives.

Witnessing these, our participants told us a new version of happiness - Live in the present and savour each moment! Wealth does not necessarily transcend our lives and is by no means the only thing that can inspire happiness.



Editor: Yinok Hui 3E Junior Editor: Helios Lee 4D



# Trip to Singapore

Being one of the most renowned singing contests in the globe, the World Youth and Children's Choir Festival (WYCCF) is joined by hundreds of prominent choir teams worldwide every year. Last summer, our school choir travelled to Singapore to participate in the 2015 WYCCF, showing the world what it got after rounds of toil and practice. Having met new friends from other countries and visited different places, choir members had a wonderful time throughout the trip. Can't wait to know more about the choir's extraordinary journey to Singapore? Go on to read our exclusive interview with the choir members!

R: Reporter B: Boris Ng (5C) N: Nicolas Tsang (5B)



**5C Boris Ng** 



5B Nicholas Tsang



### R: How do you find the trip?

- B: I think the trip gave us a valuable experience of performing in front of such a huge crowd, and an opportunity to learn from choir teams from all over the world.
- N: The trip was a huge success. Pushing ourselves beyond limits is the ultimate goal of this very trip, and that was fulfilled! During the whole event, from daily practice to the final competition, everyone strove and performed our best.

### R: What did you learn from this trip?

- B: This is actually my first trip abroad without my parents' company. Certainly it was conducive to developing my ability to take care of myself.
- N: Despite our stable performance in practice sessions, when it was our turn to really sing onstage, we messed up the whole song. That made me realize that being calm is just vital whenever we are in the spotlight. A good performance is inconceivable if nervousness creeps in.

### R: Where in Singapore do you like most?

- B: I love Esplanade Theatres on the Bay. It is such a grand and elegant design and a great place to practise singing because voice resonance is just perfect there.
- R: How did you feel when you knew you had lost the contest?
- B: Well, inevitably, sad. But I understood we hadn't performed as well as usual and there were certainly better choir teams out there. Instead of being frustrated, I told myself we had to learn from our competitors to polish our skills.
- N: Although it was a little bit disappointing, we had tried and sweated over it, so the result doesn't really matter.

#### R: What was the most unforgettable anecdote?

B: On our way to Garden by the Bay, we sang many songs we had practised before on the coach. Truly nostalgic and touching! It reminded me of the moments I had had with the choir in the last two years. These are going to linger in my mind for the rest of my life.



# Ms. Daisy Poon

Reporter: Jack Fong 4B

Ms. Poon is a new joiner of our school's Chinese Department. Her favourite pastime is reading as it can satisfy her spiritual needs and extend her intellectual reach. Her determination about becoming a teacher was also triggered by a book - *Tuesdays with Morrie*. This is a book that chronicles the final lessons between a college professor and one of his long lost students, and gets readers to ponder about issues like aging, forgiveness, family, compassion, and ultimately, meaning of life. The story taught Ms. Poon that length of life isn't the single most important thing. What define our lives are our actions. Having realized how an educator can reshape souls upon reading this book, Ms. Poon then worked very hard to pursue a career of teaching.



# Ms. Chiang Hung

Reporter: Vincent Liu 4B

Mandarin!

Ms. Chiang spent a delightful year at BHJS teaching F.1 and F.2 students Putonghua and F.4 ones Chinese. She was impressed by the school's established practices of teaching, the calibre of Jubileans and the pleasant campus, which in turn nourish an intense learning atmosphere on campus. Jubileans also evinced their good nature and courtesy throughout the year. The

One message that Ms. Chiang would like to send us is the prominence of resilience in the midst of challenges. We, she hopes, have to remain confident and persevering even when challenges come our way.

most encouraging bit to our Putonghua teacher is Jubileans' fluent



# Ms. Chan Lai Shan

Reporter: Vincent Liu 4B

Taking up a different role at her alma mater this year, Ms. Chan is particularly grateful for the chance to return her knowledge and wisdom to the place where she derived all these. To this teacher of Chinese and Chinese History, the best thing about teaching is that she can spend time with the young. Ms. Chan believes teachers' supervision and guidance can direct adolescents to navigate through obstacles.



As an alumnus, Ms. Chan told us the greatest change over the years lies in the school's hardware and equipment. Ms. Chan told us examinations in the good old days meant hours of sweating as airconditioners were simply non-existent on campus! The addition of a new, air-conditioned teaching complex has made teaching and learning at BHJS an entirely different experience.

# Ms. Chan Nga Yan

Reporter: Bonnie Wong 4D



Ms. Chan was inspired to embark on a teaching career by some enlightening teachers of hers. It is her conviction that teaching is not only about knowledge transfer, but also touching souls. It is a journey of provoking thinking and shaping youngsters as intellectuals able to think and analyze for themselves. Teaching F1-F2 students History and F4 students Liberal Studies this year, Ms. Chan was energized whenever she saw her students very focused during lessons. It is something that reinforces her aspirations for refining other lives with hers.

# Mr. Lester Chan

Reporter: Jack Fong 4B

Mr. Chan is one of the new English teachers at BHJS. He opted for a teaching career because he would like to make a difference in the lives of as many students as he can. He thinks there is nothing more rewarding than seeing his students grow in knowledge, confidence and skills. Teaching at a secondary school, Mr. Chan added, is more fulfilling than being a primary school teacher as he can help his students make important decisions about their futures, such as what subjects to study at university. Mr. Chan is most impressed with Jubileans' presentation skills. He thinks most of the emcees at school assemblies are able to speak English with confidence. He hopes that we can become even more competitive and strive to achieve on a higher level.



# Mr. Chiu Man Hung

Reporter: Vincent Liu 4B



Teaching Biology and Integrated Science this year, Mr. Chiu found Jubileans very responsive in lessons and able to give a lot of feedback. With the many opportunities the school gives them, students are academically conscious as most of them manage to turn in their homework on time and are responsible for their studies. The school authority also allows teachers to teach in whatever ways they see fit, creating ample room for him to explore innovative teaching pedagogy. What impresses him most is the school's open attitude to diversity and opinions, as evidenced by the freedom given to students to pick HKDSE electives that they like. These explain why he finds this year an enjoyable one.

# Ms. Lee Oi Ming Kathy

Reporter: Bonnie Wong 4D

Ms. Lee is the English teacher of some F.1 and F.4 students and the teacher advisor of English Drama Club. Brought up at a traditional girls' school, Ms. Lee spent part of her formative years in Canada. Having graduated from high school and university there, Ms. Lee then spent some time in an education-related field. When she was about to launch her teaching career, BHJS was brought to her attention as a friend of hers is an alumnus of our school. She was told BHJS is a vibrant school devoted to nurturing conscientious and enthusiastic young minds, which is consistent with her aspiration to instil vision and passion into teenagers.



# Ms. Tin Nga Chi

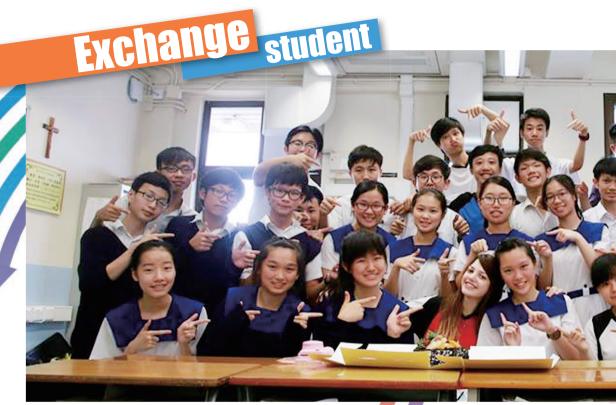
Reporter: Bonnie Wong 4D



Ms. Tin is our new Chinese teacher and the advisor of the school's Dance Team. Ms. Tin knew BHJS exactly because of the reputation of our Dance Team. With an impression that BHIS is a promising school, Ms. Tin switched to BHJS after teaching at another school for a year. In retrospect, she doesn't regret her decision a bit. This stems from the enthusiasm and benevolence she observed of Jubileans. In particular, she holds Jubileans' courage to confront difficulties and solve problems in high regard.



Reporter: Jack Fong 4B



Delfina with 4B buddies

### From scratch to abundance

Probably nobody is unfamiliar with Delfi - the exchange student from Argentina this year! *Scope* has the privilege of interviewing her before her departure for her hometown after this very year on exchange, which introduced this little but buoyant city to her life.

When her expedition to Hong Kong just started, Hong Kongers' readiness to embrace diversity struck Delfi. She particularly appreciates our autonomy to dress up ourselves the way we like. Delfi reminded us that we are actually very lucky to be living in an international hub giving us unparalleled exposure to a deluge of cultures and traditions.













In this city where its education is famous for stress and tension, Delfi didn't really find her school life too suffocating. Rather, she was able to try an array of new things. Our Athletics Meet and Fashion Show were the two events she likes most as they are simply non-existent in Argentina. These, she believes, allow for the display of students' gifts for spheres beyond academic work.

When it comes to studies, inevitably, she found that academic pressure incredibly heavy in Hong Kong. In Argentina, there are no public exams! Delfi sat the English exams in the second term, and she said the paper was quite hard and demanded good time management. In Argentina, teenagers are instead given time and room to develop themselves and pursue their dreams. Students there aren't trained for exams, but are told to follow their hearts and enjoy school life.





Despite all these differences, Delfi does think there's no utopia in this world and no single place is perfect. What we've got to do is to recognize and appreciate what we've been given, and that's the easiest path to happiness.



### OLD FRIENDS

採訪: 4B 黃文康、4C 戴倩雯 撰文:4E 陳琪琪

拍攝: Campus TV 及受訪者提供

(三) 兼導演、作家等職的曾慶宏師 兄對於生活的描述皆是輕描淡 寫,不論是讀書生涯,還是工作歷 程,猶如沭說別人的過眼雲煙一般。 可恰恰是他隨遇而安的性格,帶給 他意想不到的滿足。

### 往事如煙, 得失如何計算?

銀禧生活對於曾師兄來說,是淳樸、簡 單、無憂無慮的代名詞。自稱反叛的他常與 圖書館的蔡老師談興趣,談未來,從她口中 得到的鼓勵和認同,對曾師兄而言,是良多 的裨益。活潑好動的他參加過長跑、排球隊, 更曾摘下歌唱比賽冠軍; 而擔當學生會男公 共關係一職,亦彰顯其文靜的一面。曾師兄 認為只要我們對不同的活動或崗位有興趣, 便可以主動嘗試,無論成功與否,從過程中 認識自己多一點才更重要。

# DR Student

### 校友小檔案: 曾慶宏(導演、作家)

2008 年何明華會督銀禧中學畢業 2012 年香港中文大學新聞與傳播學院學士畢業

曾參與項目/獲得獎項(中學)

越野長跑隊隊員

學生會男公關

香港跆拳道公開賽黑帶蠅量級冠軍

校內歌唱比賽冠軍

曾任 《明報》專欄作》

《Milk》專欄作家

香港大學客席講師

香港電台紀錄片編導

文藝復興基金會青年理事

#### 獎項/獎學金

柏林國際電影節獎特別表揚獎 全球華人青年短片大賽最佳導演 台灣金甘庶影展最佳攝影 香港藝術發展局藝術行政人員海外培訓獎學金

而無憾」,



弟,那全是他重要的夥伴。他坦言平 日相處做的,都是平平無奇的小事, 更重要的是相聚時共同陪伴的過程。 只要大家有認識彼此的想法,互相扶 持的共同目標,任何形式的交友過程 都能找到自己真心相待的朋友。大概 是因為中學階段和朋友相處的時間最 多,建立的友誼最深;人長大了,工 作後,雖然和當初的夥伴不再常見, 但友情並沒有因此被時間而沖淡。偶 爾的相聚,大家仍能輕鬆打開話匣子, 這就是努力經營友情的結果吧!由此 可見,一段關係是否牢固,是靠雙方 共同努力經營所致的。我想,我們也 要好好珍惜銀禧中的良師益友,連繫 彼此的一生。

### **OLD FRIENDS**



曾師兄在大學階段原讀新聞與傳播專業,偶 然中收到他人邀請拍攝以文化藝術及弱勢群體為 主的短片,才慢慢走向導演的道路。如果你認識 導演或者作家,我想,記者的必問問題便是「你 小時候便喜歡電影或寫作了嗎?」,但曾師兄對 此的答案是否定的。他指出,做遵演,沒有什 麼明確的程序,沒有一條「正規的道路」,沒有 清晰指示要怎樣做才能執導。其實,當初撰寫專 欄和嘗試拍攝皆因受人委託和邀請, 並非他的本 意,但人生總會有出人意表的事情發生,沒有刻 意的經營,但卻一步一步慢慢地踏實地走,印出 了屬於自己的路。大學畢業後的他便旋即投身創 作的行業,希望留下一些有意義的作品,感染他 人,更重要的是做到無愧於心。常言道:「有心 栽花花不開,無心插柳柳成蔭」,或許這便是人 生的不可預料,同時亦是人生的驚喜之處!

不同時期的經歷都有不同的作品令曾師兄頗 有感觸,但印象最深刻的免不了他首次執導拍攝 的電影《楊明的夏天》。當時曾師兄堅持遠赴台 灣選擇男演員,由於要求演員來港數月,選角過 程諸多不順,但最後靠誠意打動心儀的演員辭職 來港拍攝。 如此執著的背後,為的只是創作的直覺,雖然付出大量的心機和時間,但事實證明師兄總得幸運女神的眷顧,在事業路途一帆風順,更著有小説《亥時出世》、《蜜糖不壞 :華語 80 後導演訪談》和短片《斯悦》等。

「成功」的定義太廣泛,一部好的電影並不 只限於票房收益,其實視平導演是否滿意作品和 表達的內容是否傳遞到觀眾心中。這亦是另一種 的成功。由於觀眾有不同的成長背景和喜好,曾 師兄認為成功的電影最重要的是自己喜歡,雖不 能滿足全部人的口味,但請謹記勿忘初心,以不 作假的真實情感去拍攝每一個鏡頭。這樣的觀念 在日常生活亦同樣嫡用,待人接物的過程中重要 的,不是令所有人開心,而是遵循自己的心意而 行事。他慨嘆,現時香港電影業正面對有太多人 在未考慮清楚的情況下,便希望入行的問題。曾 師兄表示拍攝應順其自然,任何題材的拍攝過程 都是成長的一部份,無須強求,無需要刻意討好 大眾。再者,他又批評,現今的香港電影業缺乏 有獨立風格和創意的成員加入,使純粹的獨立電 影在香港較為站不住腳。



### 看诱人生不如看淡現今

在香港這個急速發展的社會,所有人都急於 訂立目標,爭取逆流而上,曾師兄反而選擇腳踏 實地, 在盡力中尋找明天。

「我沒有適應社會趨勢的心態,我覺得只要 做自己相信的事便足夠了,世界變得那麼快,跟 著潮流走,只會有捕風捉影的效果。」

——這份對於現狀堅持不懈的執著常被師兄提 及。由始至終,他做的每一個選擇只跟隨兩個大 原則:一為興趣,二為價值。相信自己做的事的 價值 
勉勵著師兄每日做到盡力無愧, 
勉勵著我們

「總要給自己留一個『房間』,到最後面對 生命的也只是自己。」這句座右銘終日警惕著曾 師兄, 避免他在追尋夢想的途中迷失自己, 忘記 初衷。其實在這個尋夢、追夢的過程中,最重要 的是不斷觀察人和事,思考背後的原因,並且用 心感受,在保持開放態度的同時,都要堅持自己 的理想並努力實踐。曾師兄並非反對規劃和建立 目標,他有很簡單但富哲學的理念,就是人算不 如天算,與其訂立長遠而不切實際的理想,而計 劃又永遠趕不上變化,倒不如「活在當下」,堅 持自我,享受人生。



採訪:4A 廖悦彤、4C 黃慧嫻、4B 鄺世偉 撰文:4B 鄺世偉 拍攝:Campus TV



### 一念之執,萬事之本——潘熙大律師

### 執著於仔細學習

潘師兄是人權大律師,經常要面對極具挑戰性和社會爭論性高的案件,例如有關性別歧視、變性人、基本法權利等等。他需要良好的知識作基礎,優秀的口才和認真審慎的態度,才能應對這林林總總的案件,而這些職能元素正正在銀禧的校園生活中培養出來。潘師兄是理科出身,他認為數學科和物理科能培養自己的邏輯思維,又能配合律師的職能需求,有助自己推論、論證,而文科則能訓練自己的辯論和表達技巧;對他的工作而言,二者相輔相承,缺一不可。然而,潘師兄認為最重要的仍是態度——「態度決定高度」。

他對我們分享了一個事例,這令他印象最深刻,而且獲益良多。當時教化學的 Ms Lin,小息和吃飯時間都在做練習,有一次潘師兄調皮地問 Ms Lin:「Ms Lin,你又被老師罰做功課?」Ms Lin 是這樣回應潘師兄的:「每年我都會自己重新做一次練習,去回憶題目的答案。每當我做錯時,我便知道自己錯了甚麼和為甚麼我會錯。因

為我的錯,我的學生都會錯,所以我便能從錯誤中學習,能夠清楚地、新鮮地解釋給學生。」潘大律師到現在還歷歷在目,此事讓他明白無論是老師、學生也好,認真、謹慎是所有職業中不可或缺的態度,故此,在自身的職業上都以秉持這種態度為他人服務,用心、努力在法律許可下,為當事人爭取最大權益。



### 執著於虚心聆聽

當人能接納不同意見,從不同角度出發,就能更宏觀、客觀地看自己、看世界。潘師兄能成為律師,很大因素取決於他對身邊人的敏感,尤

其是姐姐。潘師兄的姐姐也是讀銀禧的,非常明 白弟弟撰科時的處境和性格特質。其實,當初潘 師兄有三個職業志向的,分別為醫生、社工和律 師。年少的他認為自己無論撰哪一個也可,但撰 擇成為律師的這個決定,則是受姐姐啟發最大。 當時姐姐對弟弟說:「你這麼喜歡說話,可能做 律師比較適合。做醫生,你天性多愁善感,倘若 病人因病失救去世,你或許就會哭得不得了;做 社丁,可能香港社會福利的制度有其局限性,你 可能會面對很大的挫敗感。」潘師兄很信任姐姐, 因為她很了解弟弟的處境和性格特質,而且人生 的確充滿選擇,在每一個階段所作的每一個選擇 都會對自己的人生有極大的影響。師兄從選科、 撰職業中,認識到更多面、更客觀的自己,最終 撰摆了走上律師之路。再者,潘師兄在本校就讀 中七時,適逢「六四事件」發生。當時的潘師兄 更在銀禧進行一些校內籌款活動,至今潘師兄經 常參加有關六四事件的活動,如六四晚會。他認 為六四事件不只對他個人影響很大,更影響了當 代學生,所以社會的動盪、緊張的氣氛激起他一 個想法——那便是「不論中國內地、香港、世界, 如果法治做得好,對人權的保障可能更好。」潘 師兄聽到社會發出了需要他的聲音,亦令他一步 一步走上律師之路。

### 執著於深刻認識

究竟成功的秘訣在哪裡?儒家思想強調「修 身齊家治國平天下」,但在「修身」之前原來還 有「正心」、「誠意」和「致知」,即是要先端 正思想、意念要真誠和獲取知識。當中「致知」 是最首要的,指認識萬物和自己,一個人成功的 源頭來自於此,與潘師兄提及的成功因素不謀而 合。他認為要達至成功必先了解自己,「要有認 真的態度,要勤力和下定決心。」另外,他亦不 忘提點師弟、師妹們,不論同學讀甚麼科目,都 要找到自己的興趣和志向職業,這樣才能推動自 己。此外,我們還需要認識別人,得到別人的 扶持,尤其是在校園生涯中與我們一起成長的朋 友和老師,與他們交心,從而做到推己及人。除 了在校園內,也要在家庭內認識自己,例如當初 潘師兄選科時與家人溝通,當時母親竟然反對兒 子選修法律科目,因為媽媽認為做律師幫人打官 司,或許會被黑社會追殺,這些的誤解,也是需 要和家人好好溝涌後釋除的。雖然潘師兄最終環 是堅時自己所想的,選擇了法律來讀,但亦明白 了別人對自己的看法,加深了對自己的認識,從 而在學術上、職業上做得更好。他認為,法律可 以保護身邊的人,亦可以是陌生人。



### **OLD FRIENDS**

### 校園小趣事和師兄的忠告

別看現在潘師兄如此德高望重,他曾經在銀禧校園裡做過不少趣事。現在銀禧的學生能否想像,曾經,潘師兄在學校實驗室煮飯!潘師兄經常和他很親密的「肥仔」同學曾一起偷偷用實驗室裡的電飯煲煮飯(有一次,在午膳前一課節,在老師授課途中,電飯煲已經煮好飯了,還傳出陣師飯香和煙霧,嚇了老師一跳,但老師又沒有什麼追究。)他們更分享各自帶回校的食物,毫不吝嗇。雖然我們也不知道為什麼有實驗室內有

電飯煲,也不知他們如何逃過老師的金睛火眼,但潘師兄與朋友一起「共同進退」和「同甘共苦」,挑戰了「能人所不能」的事,可見兩人友情深厚,即使他們在畢業後的多年也經常聚會,所以青蔥歲月裡要找一個能白首相知的好朋友。正如潘師兄的忠告:「要好好珍惜銀禧所提供的美好校園生活,讀書之餘也要找人生之友,朋友講求的是交心,千萬不要與朋友比較,要比較的是校外的競爭對手。」



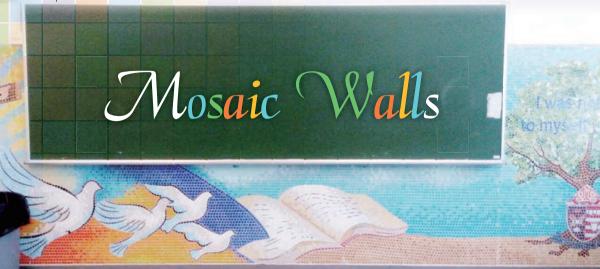
### 校友小檔案:潘熙

- 1990年銀禧中七畢業
- 1992-1993 年城大第七屆學生會會長
- 1994 年取得城大法律學榮譽學士學位
- 1995 年取得法學專業證書
- 1996 年在倫敦國王學院取得法學碩十學位。
- 1998年取得北京大學法學士學位,同年開始執業
- 2015 年獲委任為資深大律師





Editors: Yinok Hui 3E, Daniel Chan 4B Juinor Editor: Henry Chang 4B Reporter: Christine Chao 4B



Newly ornamented with myriad tiny pieces of colored glass, the walls of the School's Covered Playground are somewhere you should not miss! This technique involving the assembly of small pieces of colored glass is called Mosaic Arts, and is typically used in ornamental art and interior decoration, especially those serving religious purposes.

These mosaics respectively tell us two famous Bible stories, one of which is the Noah's Ark, and the other one is the sacrifice of Christ.

us in this: While we were still sinners, Christ died for us." (Romans 5:8) Pictured above is the mosaic work portraying Jesus's Crucifixion. Jesus Christ was born to be the king among all kings, but because of love, he descended to the world to save us. Yet, instead of being praised, he was humiliated, tortured, and crucified. Some see it as a tragedy, but the artists believe that without the sacrifice, God's blessing would never be granted to us. Despite the darkness and mystery death resembles, the bright tone of the artwork signifies Christ's triumph over death, while the doves symbolize peace that prevails without boundaries.

"But God demonstrates his own love for

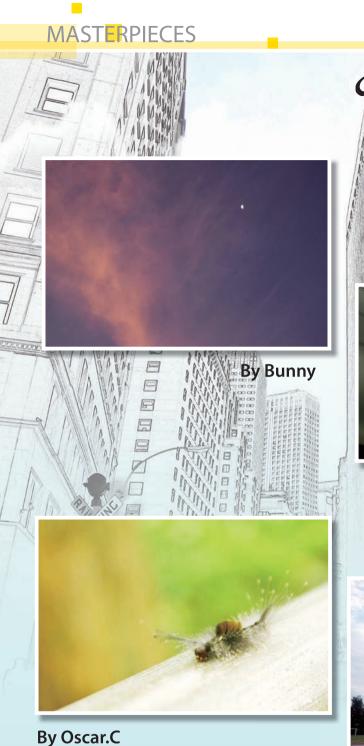


### MASTERPIECES



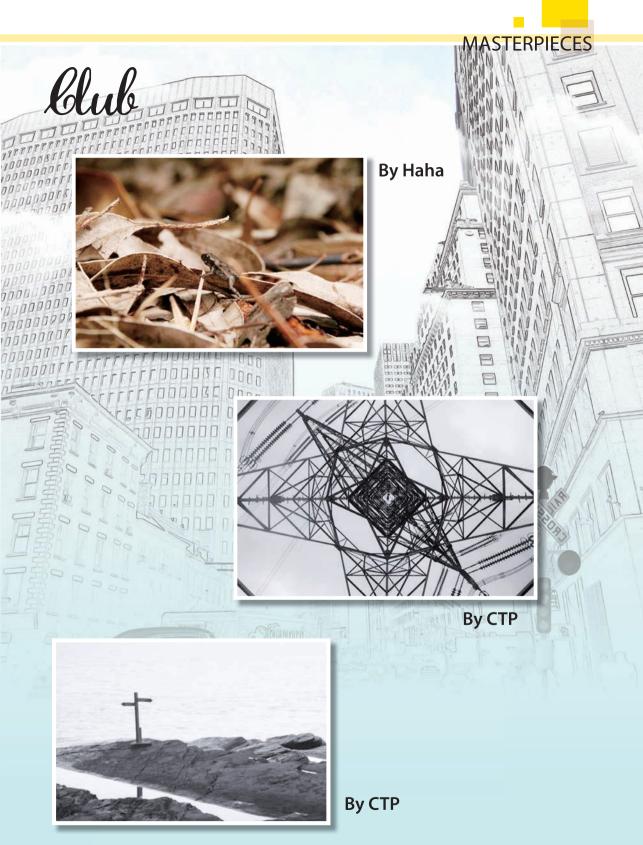
The story of Noah's Ark is a well-known one. According to Genesis, the first chapter of Bible, God gave instructions to Noah to build the ark, and to lead every pair of animals and his family amid the coming disaster. The story goes on describing the ark being afloat over the angry flood and the subsequent receding of the water before the ark came to rest on the Mountains of Ararat. The artwork expresses that the enraged deluge boiled down to God's tears, showing that he was extremely disappointed with his people. However, he still watches over Noah's family, and every single one of us regardless.

These new additions to the campus were crafted by Chan King Long and Lee Long Ching from 6E. While everyone studying Visual Arts in their form had to come up with a design to redecorate the Covered Playground, their extraordinary idea of filling the place with two mosaics stood out from the works of their counterparts. Their initial thoughts were then translated to the two delicate mosaics with the assistance of experts and Ms Yang, their Visual Arts teacher.



Photography By Oscar.C

By Jonathan - Daybreak



## Artwork

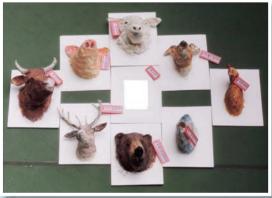


### Lee Kai Chun, Alex 6A

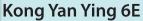
"Modern Terra-Cotta Warriors"
Mixed media



The value of animals
Mixed media







**Collective Memory of Hong Kongers** Paper cutting

### **Mission Accomplished**



Jubileans continued to display brilliance in various external competitions and learning activities this year! Congratulations are in order!

### **Hong Kong Outstanding Students Award 2015-16**

Hung Tat Hang Henry (5E)

HKSSF Inter-school Basketball Competition 2015/2016 Division Three (Kowloon 1)		
Girls C Grade	Champion	
Girls Overall	Champion	

### **Hong Kong Mathematical and Creative Problem-Solving Competition**

### **The Hong Kong Youth Mathematical Challenge 2015**

0 1 4	II TO II (FT)	GI :
Secondary 4	Hung Tat Hang Henry (5E)	Champion
,		1

### Hong Kong Institute of Certified Public Accountants Scholarship for Secondary Schools

### Hong Kong Indoor Cycling Championship - Artistic 2015-2016

Boys Single U15	Choi Cheuk Fai (1C)	Champion

### 64<sup>th</sup> Hong Kong Schools Speech Festival English Events

F.1 Girls' Solo	Yeung Ka Man	(1B)	Champion
	Wong Wing Yung	(1E)	Champion

### **English Drama Fest 2016**

Outstanding Performer	Tam Yi Ling (4D)
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We are also proud to announce that there is a longer list of winners awarded second and third places as well as Certificates of Merit in different events of the Speech Festival.



### 第 44 屆全港公開舞蹈比賽

公開組中國舞(群舞)

舞蹈組

金獎

### 第52屆學校舞蹈節

組別 舞蹈名稱

代表組別

獎項

中學組中國舞(群舞)

綉球女(壯族)

舞蹈組

優等獎

中學組中國舞(群舞)

扇 · 紅(漢族)

舞蹈組

優等獎

### 2015-2016 校際戲劇節(中文組):

4D 甄彤

傑出演員獎

中文話劇組

傑出合作獎

傑出舞台效果獎

### 基本法辯論比賽

5B 湯雪盈

最佳辯論員

### 星島辯論比賽

4B 黃曼琪 5B 湯雪盈

最佳交互發問

### 第64屆香港學校朗誦節粵語組

男子組詩詞獨誦中學一年級

1D 盧 喆

冠軍

### 第64屆香港學校朗誦節普通話組

女子組詩詞獨誦中學一及二年級

1E 何德熙

冠軍

普通話女子組詩詞獨誦中學三及四年級

4D 張曼瑩

冠軍

Editor: Yinok Hui 3E Junior Editor: Sia Shiu 4E

Reporters: Coco Tam 4D, Ian Chau 4B, Bonnie Wong 4D

### tti-Terrorism and Human Rights Violation

If happiness has to be grounded upon the endowment of human rights and freedom, terrorism can be considered a serious blow to happiness. Indeed, the human cost of terrorism has been felt in virtually every corner of the globe with the iconic downfalls of the World Trade Centers during the 9.11 attacks, the Boston Massacre, and the series of intense and intricate attacks in Paris last year. The well-known and persisting Global War on Terror (GWoT) has been the response of the US towards this overwhelming threat.

These counter-terrorism campaigns, however, often involve unnecessary tightening of control over civilians, looting private information and removing political opponents. For instance, extraordinarily stricter passenger screening of Muslims is said to be contradictory to racial equality and to impair liberal rights of citizens.



Part of the Guantanamo Bay detention camp, Camp Delta Source: http://www.jnmjournal.com/wp-content/uploads/2013/03/Camp\_Delta\_Guantanamo\_Bay\_Cuba.jpg



Source: https://tser.mm.bing.net/th?id=OIP.M3obe2b750987c8c5614fbf619e3bd 85600&pid=15.1&P=0&w=300&h=300



Terrorist suspect detainees in the US-operated extrajudicial camp, Guantanamo Bay

Source: https://upload.wikimedia.org/wikipedia/commons/thumb/9/96/US\_Navy\_101101-Fo651R-041\_Detainees\_pray\_in\_the\_recreation\_area\_of\_camp\_four\_at\_joint\_Tok-force\_Guantamano,[pgi:1889x-US\_Navy\_totionF-o651R-041\_Detainees\_pray\_in\_the\_ recreation\_area\_of\_camp\_four\_at\_joint\_Task\_Force\_Guantanamo.jpg

In addition, some countries apply torture and extrajudicial punishment to terrorist suspects even in the absence of concrete evidence. Guantanamo Bay in the US, for example, is notorious for its inhumane treatment of suspects.

The paradox now is that while terrorism definitely impairs happiness, anti-terrorism



campaigns also entail human rights issues not less salient than those brought about by terrorism.

Some International Relations scholars see national survival a prerequisite to ensuring citizens' individual happiness. However, would ordinary citizens be truly happy while seeing their inborn rights forfeited for the security of the entire nation?

### Let's hear what our schoolmates say.

### **VOICES OF JUBILEANS**

### Hugo Fung (3D)

Of course not! In the first place, these attacks don't really affect me, and I believe there are reliable, legal tactics against terrorism. To uproot terrorism, education campaigns sound more acceptable. I however acknowledge the fact that terrorism should not be encouraged as a diplomatic means to exert pressure upon governments.



Partakers of ISIS, the world's richest terrorist regime

Source: http://l.bp.blogspot.com/-eZNyoSXqsEk/U6a7fFaSTgl/AAAAAAAA-l/ WMP6mUEcuogls1600/z.w=985.c=o.bild.jpg



### Jennifer Tsoi (4B)

Terrorist attacks have already claimed countless lives across nations. Although privacy and international relations are indispensable, human lives are the foundation of these. Without lives, privacy and other human rights are irrelevant. If counter-terrorism campaigns can put a halt to these arbitrary attacks with whatever means that work, the trend of launching attacks can be suppressed before it is too late. It is certainly a happiness-raising act. Resorting to inhumane means to end suffering is actually an alternative at best and the only way out at worst.



### Benjamin Kwong (4C)

Different nations have different degrees of terrorist threats and also varying liberal standards and constitutional frameworks. Thus, there can't be a verdict on whether countries should be allowed to eradicate terrorism at the expense of infringing on human rights. In particular, strict policies to counter terrorism can be well-justified in countries with ineffective political systems and unstable environment. Reasons behind these policies, however, should be disclosed and explained to citizens. To prevent the abuse of counter-terrorism, I think the United Nations should provide guidance to gradually rule out extrajudicial and inhumane practices associated with counter-terrorism.

Extrajudicial means used to curb terrorism undermine human rights in the same way as terrorist attacks do. Nonetheless, terrorist suspects or even terrorists themselves are also humans and they do deserve their basic rights and access to justice. A balance between counterterrorism and safeguarding civil liberty is of utmost importance. Comments of our schoolmates reflect that not every citizen is happy to be deprived of their individual rights for national security. In light of these, developing alternative, judicial measures against terrorism is essential to preserving individual freedom and, more importantly, happiness.

Editor: Daniel Chan 4B

# A local war that endangers global happiness

The Syrian Civil War has been capturing newspaper headlines in recent years. Families were displaced, civilians were killed and kids were orphaned. While the war seemed to be ruining the lives of only the Syrians, it actually bred problems across the European continent and shattered the perceived happiness originally prevalent in this modern and developed part of the world. The increasing number of refugees fleeing to the North has given rise to one of the biggest humanitarian crises of this century - the "Syrian Refugee Crisis".



Source: http://www.deonvsearth.com/syrian-refugee-crisis-used-to-import-isis-fighters/

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Most of you may have heard much about the refugee crisis, but few really know what triggered the crisis itself. The Syrian Civil War originally started as a protest towards the government in March 2011. However, it soon escalated into a civil war when the demonstrators were violently suppressed by the government. Since then, a loosely organized Free Syrian Army has been fighting to overthrow the dictatorial government.

Over 100,000 civilians were killed in the civil war. It was also estimated that 13.5 million people, half of the entire population, are in need of humanitarian assistance. The only window for Syrian civilians was to flee across the border.

Source: http://www.newsweek.com/syrian-refugees-all-you-need-know-373475



Source: http://www.deonvsearth.com/syrian-refugee-crisis-used-to-import-isis-fighters/



Source: http://www.theguardian.com/commentisfree/2015/ sep/06/germany-refugee-crisis-syrian

Although most refugees have decided to settle down in the Middle East, more and more refugees have decided to seek help from European countries such as Greece and Germany. This may sound like an easy way out of the refugee problem, but it actually provokes a whole new dimension of disasters. For instance, it creates immense financial pressure on neighbouring countries. Germany, being a key player of giving shelters to these refugees, has to pay \$50 billion euros in the following two years. Implications on the happiness of Germans and other Europeans? As the old saying goes, one cannot have both fish and bear's paw. When Germans are living with so many refugees, it's their people who are paying the financial and social costs.



Source: http://www.dailymail.co.uk/news/article-3394896/ Merkel-admits-Europe-lost-control-refugee-crisis.html

On the flip side, disasters also descended upon the refugees. Those who were lucky enough to have taken refuge are dealing with horrible living conditions. Poor medical facilities, lack of food supply, and absence of education for youngsters are turning the refugees' lives into a hellhole. Just the thought of living with rodents and roaches is scary enough, not to mention without adequate food and water supply. Therefore, you can really imagine how hard it is to live in such poor conditions. Nevertheless, most refugees still believe that if they can live for another day, they will be able to reunite with their families, to rebuild what they have lost, and to relocate their source of happiness.

As depressing as the crisis might sound, and as far from us as we may see it, this crisis gives us a good chance to reflect upon our lives. Although Hong Kong is located far in the Orient, this crisis is still related to us Hong Kongers. As part of this world, we must remember that it is our responsibility to help those in need, regardless of who and where they are.

Other than helping those refugees, we should also learn to be grateful. After seeing such tragedy happen on the other side of the planet, and how those refugees are trying their best to hang in there, we should be grateful for what God has given us. Instead of sitting at home doing nothing, we should work harder to contribute to society in order to bring happiness and satisfaction to others and, ultimately, ourselves.

It is certainly tragic to witness what has happened to those in Syria, but we should take it as a lesson, help the needy, and remember to always be grateful for what we have.

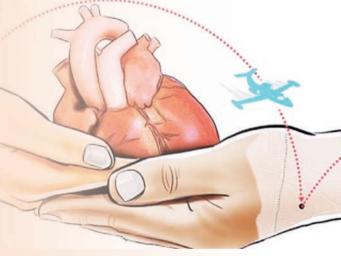
Editor: Yinok Hui 3E Junior Editor: Kary Ma 4D

## Discover Happiness through International Organ Trade

### Background

Organ transplantation, an effective treatment bringing an end to organ failure like liver, kidney and heart malfunction, is widely practised all over the world. In spite of its prevalence, many patients who are on the verge of death fail to procure a transplant. The chronic and critical shortage of organs available has led to a noteworthy global health issue—international organ trade. Yet, this practice has been outlawed in all countries, except Iran. This doesn't however prevent the highly profitable business from thriving due to the excess demand for organs.

Cross-border organ trade manifested in many forms, both covert and overt. Transplant tourism, in which potential recipients travel abroad to undergo organ transplantation, is the most common way of organ trafficking. Organ recipients are often from more developed countries like Canada, Israel and the United States, which are regarded as 'organ-importing countries'. Organ donors, however, are usually from less developed or developing countries like Brazil, China and India. These countries are viewed as 'organ exporting countries' and people living there often lack knowledge about organ issues.



Organ trade across countries (Source: dnaindia.com)



Organs and tissue (Source: Arminschieb.com)

The poor and the underprivileged are often the victims. They may be coerced or deceived into donating their organs, not paid for the organ, or paid less than the promised price. Some even die owing to improper operations and postoperative care. In light of this, the international community, in particular the World Health Organization, has been proactively combating the issue. Nevertheless, the persisting shortage shows little, or boldly speaking, no signs of alleviation.

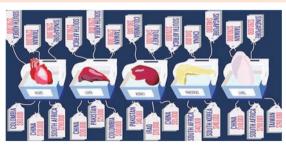


Organ transplant (Source: www. airambulanceaviation.com)

### From Organ Trade to Happiness

Whether organ trade should be allowed involves a philosophical issue of whether organ donors should be compensated.

This controversy involves a lot of complexity. While banknotes are the motivating force of some to donate organs, others do it simply out of spiritual gratification. To them, donating organs willingly and for free is an act of charity. In addition to giving donors psychological satisfaction, this act also exhilarates the recipient as well as the people surrounding him. The happiness prevalent on both sides then transcends the world into one with altruism and benevolence. Dissimilar to compensated donations, the act of giving one's organs for intrinsic cause results in more sustainable fulfilment as the happiness derived reinforces the worth of doing it. This way, one is more inclined to get involved in charitable work, which in turn generates constant spiritual satisfaction. Lord Jesus once said, 'It is more blessed to give than to receive.' Therefore, it is much merrier if we can donate our organs without monetary returns to help mitigate the worldwide shortage of organs. Organ trade, therefore, is something that we should go against.



Prices of organs (Source: generatesbeforeitsnews.com)



Donate organs Save lives (Source: www.theodysseyonline.com)

## Parent-Teacher Association News



Parents of F.1 students were invited to a gathering with F.1 class teachers.



Ms. Cheung Siu Yung, a renowned DJ, delivered a talk on 'How to be the life coach of your child' at our PTA Annual General Meeting on 4<sup>th</sup> December 2015.



Teachers were presented gifts and certificates by parents on PTA Day on  $8^{\rm th}$  April 2016.



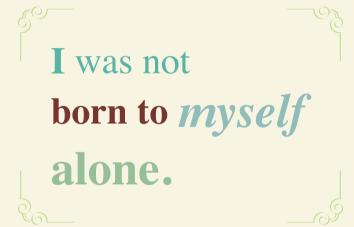
A talk by Mr. Leung Hong Man, a registered social worker and committee member of PTA, was organized on 18<sup>th</sup> May 2016 on how to instill positive thinking in children. Ms. Wong, our Principal, then met parents and addressed their concerns.

### Student Union

Among the four cabinets which ran for the SU election, Eureka achieved victory and has been offering a diversity of intra-school and inter-school activities for schoolmates.









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