## 4C Brian Yu

## Kobe Bryant - The Mamba Mentality

On a Sunday morning, an American professional basketball NBA player died at the age of 31 in a helicopter crash in Calabasas, California, with his 13-year-old daughter and seven other teenagers. Scoring 81 points, the highest record out of his career, he proved to us that passion and diligence can change things completely. What's more? He was the NBA Most Valuable Player in 2008 and a two-time NBA finals MVP.

'We don't quit, we don't cover, we don't run. We endure and conquer.'

I admire him and learn from him the spirit of not giving up. He taught us to work hard in order to pursue our dreams, and persist until the end. He helped us understand that keep pushing our limits is the real path to success when we are in a predicament. Most importantly, we have to turn stress, fear and frustration into motivation so that we will be able to work even harder in order to strive for excellence whenever failure happens to us.

Another success factor which I also learnt from him is his positivity. His special mindset - 'If you think you can do something, you can do it' - inspired lots of people, including me, to achieve our goals with confidence. Doing certain things with your own determination, passion and aspiration can make them 'half the work, twice the effort'. Take him as an example. He woke up at 4 o'clock and started training seriously for many consecutive months. Although he felt tired and had bad emotions most of the time, with his strong willpower he finally became a professional NBA player in 1996.

'You asked for my hustle, I gave you my heart.' He left us this maxim after his retirement. No matter how many setbacks he came across, he would still fight for his goals. He is now a legendary figure among all the basketball players.

Thank you very much, Kobe Bryant. May you rest in peace. We will continue to pass on your spirit.