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One-sided argumentative essay Why Working from Home is Beneficial

In recent years, due to factors such as technological advancements and the desire for better work-life balance, organizations have embraced the concept of working from home. I agree that working from home does more good than harm to society.

First, working from home helps improve individuals' mental health and well-being. It saves time on commutes, allowing employees to work in a more relaxing environment. This can help reduce stress and create a more soothing atmosphere. Moreover, individuals have more time to take care of family members, focus on their health, and develop hobbies. Being able to check on family conditions and engage in activities they enjoy can significantly enhance their mental health and well-being.

Second, working from home improves the environment and saves costs for individuals and companies. By decreasing the time spent on commutes, the emissions of carbon dioxide—one of the main contributors to global warming—are also reduced, which helps to mitigate rising temperatures that harm our living conditions. Additionally, working from home cuts down on extra expenses for individuals, such as commuting and meal costs, as well as rent, water, and electricity bills.

Third, working from home provides more job opportunities. With advanced technology, more companies can recruit people from around the world. Employees can work and interact with others using online tools, such as Zoom, to communicate and collaborate as a team. This makes it easier for individuals to find jobs because of the flexibility that remote work offers.

However, some may argue that people with low IT skills may be discouraged from working from home, as they may not know how to use online tools, which could decrease their job opportunities. Yet, there are many training programs available, and companies can provide support for these individuals, helping those who are less tech-savvy to become proficient in using online tools.

In conclusion, working from home enhances individuals' mental health and well-being, improves the environment, saves costs for employees and companies, and provides more job opportunities. Additionally, people with low IT skills can

catch up by attending courses and programs. Therefore, I believe working from home does more good than harm to society.